





**HEARTBURN & ACID REFLUX QUESTIONNAIRE**

Are you taking medication for acid reflux?  
 Yes                      No                      Unknown  
 Names (e.g. Nexium, Prilosec, omeprazole, Tums, Zantac, Pepcid) \_\_\_\_\_  
 Dose and frequency \_\_\_\_\_  
 Do you have a gastroenterologist (GI doctor)?  
 Yes                      No                      Unknown  
 Name \_\_\_\_\_  
 Do you have an Ear Nose & Throat doctor (ENT)?  
 Yes                      No                      Unknown  
 Name \_\_\_\_\_  
 Have you ever had an upper endoscopy (EGD)?  
 Yes                      No                      Unknown  
 When? \_\_\_\_\_

Have you ever had a barium swallow?  
 Yes                      No                      Unknown  
 When? \_\_\_\_\_  
 Have you ever had acid reflux testing (pH test)?  
 Yes                      No                      Unknown  
 When? \_\_\_\_\_  
 Have you ever had esophageal testing (manometry)?  
 Yes                      No                      Unknown  
 When? \_\_\_\_\_  
 Do you have a hiatal hernia?  
 Yes                      No                      Unknown  
 Do you have Barrett's esophagus?  
 Yes                      No                      Unknown  
 Do you have a family history of esophageal cancer?  
 Yes                      No                      Unknown

Please circle the number that best reflects your symptoms using the scoring scale provided below.

<b>Scoring Scale</b>
<b>0 = No symptoms</b>
<b>1 = Symptoms noticeable but not bothersome</b>
<b>2 = Symptoms noticeable and bothersome but not every day</b>
<b>3 = Symptoms bothersome every day</b>
<b>4 = Symptoms affect daily activities</b>
<b>5 = Symptoms are incapacitating – unable to do activities</b>

1. How bad is your heartburn (if not taking medications)?	0	1	2	3	4	5
2. Heartburn when lying down (if not taking medications)?	0	1	2	3	4	5
3. Heartburn when standing up (if not taking medications)?	0	1	2	3	4	5
4. Heartburn after meals (if not taking medications)?	0	1	2	3	4	5
5. Does heartburn change your diet (if not taking medications)?	0	1	2	3	4	5
6. Does heartburn wake you from sleep (if not taking medications)?	0	1	2	3	4	5
7. Do you have difficulty swallowing (if not taking medications)?	0	1	2	3	4	5
8. Do you have bloating or gassy feelings (if not taking medications)?	0	1	2	3	4	5
9. Do you have pain with swallowing (if not taking medications)?	0	1	2	3	4	5
10. If you take medication, does this affect your daily life?	0	1	2	3	4	5
11. How satisfied are you with your present condition?	Satisfied	Neutral		Dissatisfied		

Within the past month, how did the following problems affect you? Please circle one number for each symptom.

	No Problem				Severe Problem
1. Hoarseness or other voice problems	0	1	2	3	4 5
2. Clearing throat	0	1	2	3	4 5
3. Excess throat mucus or postnasal drip	0	1	2	3	4 5
4. Difficulty swallowing food, liquid, or pills	0	1	2	3	4 5
5. Coughing after eating	0	1	2	3	4 5
6. Breathing difficulties or choking episodes	0	1	2	3	4 5
7. Troublesome or annoying cough	0	1	2	3	4 5
8. Sensations of something sticking in throat or lump in throat	0	1	2	3	4 5
9. Heartburn, chest pain, indigestion or stomach acid coming up	0	1	2	3	4 5

	OFFICE USE ONLY		NTSOA staff initials: _____
Patient is possible candidate for anti-reflux surgery?	Y	N	
Patient would like to discuss reflux options with the physician	Y	N	
Doctor informed patient is interested in Reflux consult?	Y	N	

**REVIEW OF SYSTEMS**

Please circle (Y) or (N) any of the following that apply to symptoms you are recently or currently experiencing. Address each section carefully.

**General**

Change in appetite      Y      N  
 Chills                      Y      N  
 Fever                        Y      N  
 Fatigue                     Y      N  
 Weight gain                Y      N  
 Weight loss                Y      N  
 Pain                         Y      N  
 Insomnia                  Y      N  
 Other \_\_\_\_\_

**Allergy/Immunology**

Rash                         Y      N  
 Wheezing                  Y      N  
 Other \_\_\_\_\_

**Ophthalmologic**

Change in vision         Y      N  
 Discharge                 Y      N  
 Other \_\_\_\_\_

**ENT**

Decreased hearing        Y      N  
 Nosebleeds                Y      N  
 Painful swallowing       Y      N  
 Earaches                  Y      N  
 Hoarseness                Y      N  
 Mass or lumps             Y      N  
 Other \_\_\_\_\_

**Endocrine**

Cold intolerance         Y      N  
 Heat intolerance         Y      N  
 Excessive thirst         Y      N  
 Excessive sweating      Y      N  
 Other \_\_\_\_\_

**Respiratory**

Cough                      Y      N  
 Shortness of breath at rest    Y      N  
 Shortness of breath with exertion Y      N  
 Wheezing                  Y      N  
 Other \_\_\_\_\_

**Cardiovascular**

Chest pain at rest         Y      N  
 Chest pain with exertion    Y      N  
 Difficulty lying flat        Y      N  
 Irregular heartbeat        Y      N  
 Other \_\_\_\_\_

**Gastrointestinal**

Abdominal Pain            Y      N  
 Blood in stool             Y      N  
 Change in bowel habits    Y      N  
 Difficulty swallowing      Y      N  
 Heartburn                 Y      N  
 Reflux                      Y      N

Nausea                     Y      N  
 Rectal bleeding            Y      N  
 Vomiting                    Y      N  
 Constipation                Y      N  
 Diarrhea                    Y      N  
 Other \_\_\_\_\_

**Hematology**

Easy bruising              Y      N  
 Easy bleeding             Y      N  
 Other \_\_\_\_\_

**Genitourinary**

Difficulty urinating        Y      N  
 Urinary frequency         Y      N  
 Painful urination         Y      N  
 Other \_\_\_\_\_

**Musculoskeletal**

Joint stiffness             Y      N  
 Painful joints             Y      N  
 Swollen joints             Y      N  
 Other \_\_\_\_\_

**Peripheral Vascular**

Cold extremities            Y      N  
 Decreased sensation in extremities Y      N  
 Other \_\_\_\_\_

**Skin**

Mole(s)                    Y      N  
 Nodule(s)                  Y      N  
 Rash                        Y      N  
 Skin Cancer                Y      N  
 Other \_\_\_\_\_

**Neurological**

Trouble with balance      Y      N  
 Gait abnormality          Y      N  
 Headache                  Y      N  
 Seizures                    Y      N  
 Numbness/Tingling        Y      N  
 Dizziness                  Y      N  
 Lightheadedness          Y      N  
 Memory Changes          Y      N  
 Other \_\_\_\_\_

**Psychological**

Anxiety                     Y      N  
 Depressed mood            Y      N  
 Difficulty sleeping        Y      N  
 Other \_\_\_\_\_

**Cancer Related**

Chemotherapy             Y      N  
 Radiation                  Y      N